

REGION 6AA - 1990
TRACK & FIELD CHAMPIONSHIPS

| | | | |
|----------------------|-----|--------------------|----|
| TEAMS: 1. Minnetonka | 101 | 7. Edina | 40 |
| 2. Jefferson | 99 | 8. St Louis Park | 27 |
| 3. Hopkins | 70 | 9. Cooper | 18 |
| 4. WAYZATA | 68 | 10. Mound-Westonka | 3 |
| 5. Kennedy | 55 | 11. Richfield | 2 |
| 6. Armstrong | 44 | | |

3200 METER RUN

- KURT RUNZHEIMER, W(12) 9:35.19
- Brian Whitley, H(11) 9:36.61
- Dan Lee, E(12) 9:37.65
- Steve Hibbs, A(12) 10:07.10
- SCOTT TERRY, W(12) 10:11.13
- Scott Barnacle, M(9) 10:14.52

100 METER DASH

- Dan Samion, M(11) 11.12
- Dan Johnson, C(12) 11.31
- Mike Crown, J(12) 11.35
- Mike Freeman, H(11) 11.45
- Mike Cohen, M(12) 11.56
- Harold Hegg, H(12) 11.63

1600 METER RUN

- Ben Stoneking, E(12) 4:22.23
- KURT RUNZHEIMER, W(12) 4:22.89
- Rob Horton, A(12) 4:24.01
- Bill Gilbertson, SLP(12) 4:29.89
- Dan Lee, E(12) 4:33.00
- Omar Yunis, R(11) 4:35.93

400 METER DASH (handheld times)

- Dan Samion, M(11) 49.3
- John Nelson, J(12) 50.0
- Rusty Markfelder, M(12) 50.8
- Greg Kimbrough, J(10) 50.8
- MARC EDWARDS, W(10) 51.0
- JAMES LAROWE, W(12) 52.1

800 METER RUN (handheld)

- Jason Max, M(12) 1:56.2
- John Hammond, E(12) 1:57.9
- Mike Muelhausen, A(12) 2:00.2
- Kevin Supple, A(12) 2:00.3
- David Kleyman, A(12) 2:00.3
- Andy Arlig, H(12) 2:00.6

POLE VAULT

- Chad Erpelding, H(12) 13-6
- Frank Dahlman, H(11) 12-9
- Tom Hartman, SLP(12) 12-6
- Mud Mhiripiri, K(11) 12-6
- Winston Shaw, MW(11) 12-6
- Jeremy Olson, MW(12) 12-6

SHOT PUT

- Chris Brinkworth, K(12) 58-1.75
- DAVE VERTIN, W(12) 50-9
- Josh Tetner, J(10) 50-8.25
- Rick St Martin, K(12) 49-6.5
- TIM ARMSTRONG, W(11) 49-4.75
- Ryan Schoen, A(12) 45-9.75

HIGH JUMP

- Jared Johnson, J(11) 6-5
- Mike Zender, J(11) 6-5
- Rich Frandeen, E(10) 6-4
- Mateo Mackbee, K(11) 6-0
- Aaron Minor, SLP(12) 6-0
- Josh Mix, SLP(11) 6-0

TRIPLE JUMP

- Sean Picha, H(12) 43-11.75
- JASON ALEXANDER, W(12) 43-8.5
- Aaron Minor, SLP(12) 42-3.5
- Greg Kimbrough, J(10) 42-3.5
- Brian Cohen, M(10) 41-6.75
- Lateef Gilbert, A(10) 41-1.5

110 HIGH HURDLES

- Matt Muyres, J(12) 15.10
- Sean Picha, H(12) 15.29
- Minh Nguyen, M(12) 15.84
- Thor Halvorsen, A(12) 16.43
- Andy Lenzen, M(12) 16.64
- CRAIG THOMPSON, W(11) 16.66

SPRINT MEDLEY

- Minnetonka 3:36.32
- Armstrong 3:37.47
- Hopkins 3:41.06
- WAYZATA 3:45.42
- Kennedy 3:45.68
- Cooper 3:47.0 (handheld)

4 x 100 RELAY

- Hopkins 43.81
- Kennedy 43.94
- St Louis Park 44.89
- Minnetonka 45.04
- Armstrong 45.09
- Cooper 45.38

300 INTERMEDIATES

- CRAIG THOMPSON, W(11) 40.70
- Minh Nguyen, M(12) 40.75
- Matt Muyres, J(12) 41.01
- Brian Cohen, M(10) 42.50
- Thor Halvorsen, A(12) 42.59
- Alex Hanson, A(12) 43.45

200 METER DASH

- Dan Samion, M(11) 22.33
- Dan Johnson, C(12) 22.75
- Mike Crown, J(12) 23.19
- Mike Freeman, H(11) 23.26
- Mike Cohen, M(12) 23.27
- Lemar Miller, K(12) 23.74

4 x 400 RELAY

- Jefferson 3:25.86
- Edina 3:26.03
- WAYZATA 3:27.90
- Minnetonka 3:31.45
- St Louis Park 3:32.8 (hh)
- Armstrong 3:34.5 (hh)

DISCUS THROW

- Chris Brinkworth, K(12) 162-2
- Matt Backhaus, J(12) 152-2
- Rick St Martin, K(12) 149-4
- DAVE VERTIN, W(12) 147-3
- SCOTT SEEBART, W(12) 145-6
- Amos Casey, R(11) 144-5

LONG JUMP

- Dan Samion, M(11) 22-9.25
- Matt Muyres, J(12) 22-1.5
- Mateo Mackbee, K(11) 21-7.75
- John Nelson, J(12) 21-0.25
- Matt Dargis, A(10) 20-5.5
- Mike Holton, J(10) 20-1.5